

■■ Video Learning

BehaveYou — Helping Children Thrive Through Understanding



Introduction 1

Children benefit from calm routines, emotional safety, visual supports, communication, encouragement, and compassionate guidance. This Video Learning guide helps families, caregivers, teachers, and communities use practical strategies that support confidence, learning, emotional regulation, positive relationships, and daily success in a respectful and understanding way.

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Communication	Use visuals and calm language	Reduce stress
Routine	Use schedules and transitions	Increase predictability
Emotions	Breathing and calm spaces	Support regulation
Learning	Praise effort and strengths	Build confidence

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Helpful BehaveYou Links

<https://behaveyou.com/>

<https://behaveyou.com/resources.php>

<https://behaveyou.com/videos.php>

<https://behaveyou.com/parent-learning-hub.php>